

## Bright Futures Guidelines and Tools



[brightfutures.aap.org/web/healthCareProfessionalstoolsAndResources.asp](http://brightfutures.aap.org/web/healthCareProfessionalstoolsAndResources.asp)

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### Online Access to Health Professionals Encounter Forms

View the pdf versions of this publication by clicking the links below:

- [Prenatal to 1 Year](#)
  - [15 Months to 5 Years](#)
  - [6 Years to Adolescence](#)
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Prenatal Visit		IC#	Date:
	Name: _____		
	Phone: _____		
	Expected due date: _____		
<b>QUESTIONS FOR PARENT</b>		<b>Bright Futures</b> 	
<ul style="list-style-type: none"><li>● How has your pregnancy gone? What has been the most exciting aspect?</li><li>● How are your preparations for your baby going?</li><li>● Who will help you when you come home with your baby?</li><li>● Do you have other children? Have you talked with them about your pregnancy? Who will look after them while you are in the hospital?</li><li>● Many expectant parents have concerns about the baby or themselves. Do you have any concerns?</li><li>● Have you had any physical or emotional problems during the pregnancy?</li><li>● How do you plan to feed your baby? Breastfeeding? Formula? Why?</li><li>● What have you decided to do about circumcision if your baby is a boy?</li><li>● Was this a good time for you to be pregnant? How does your family feel about it?</li><li>● How do you think the baby will change your lives?</li><li>● Do you plan to raise your baby the way you were raised or somewhat differently? What would you change?</li><li>● Are you concerned that your child will inherit any diseases or other characteristics that run in the family?</li><li>● Have you been offered HIV testing?</li><li>● Do you smoke? Do you drink? Have you taken any drugs? Does your partner?</li><li>● Do you plan to return to work? To school? Have you thought about child care arrangements?</li></ul>		<ul style="list-style-type: none"><li>● Are you concerned about being able to afford food or supplies for your baby?</li><li>● Ask the mother privately: Does your partner ever lose his temper, throw things, threaten you, or hurt you?</li></ul>	
<b>FAMILY'S QUESTIONS</b>			
<ul style="list-style-type: none"><li>● What questions or concerns would you like to discuss today?</li></ul>		_____ _____	
<b>NOTES:</b>			